

# WHITEFISH BAY ACTIVITIES NEWSLETTER



## TRADITION, EXCELLENCE, SPORTSMANSHIP, DUKE PRIDE

### Important Information for All Students

Have you signed up for a club yet? If not, signing up for a club is a great way to:

- *Make new friends*
- *Have fun*
- *Connect w/ Whitefish Bay Staff*
- *Find your passion*
- *Be active in the school community*
- *Engage in healthy competition*

Check out the [Activities Guide](#) for all information regarding our amazing clubs!

### Fitness Center Available for All Students

The Fitness Center will be open for all students Monday through Friday (while school is in session) from 4:00 - 5:45 PM.

### Interesting in Becoming a WIAA Official

With the current officials' shortage, there's no better time to give back to the sports you love by becoming a WIAA licensed official. Apply now, just in time for upcoming winter and spring seasons. Interested, but still have questions? Don't hesitate to reach out to [Mr. Worzella](#). To apply, please click on this link: <https://www.wiaawi.org/News/News-Article/officiating-license-flash-sale>

### Follow Athletics and Activities on Social Media

Make sure to follow us on Twitter and Instagram for up to date news and information on all teams and clubs.

**Twitter: @WFB\_BLUEDUKES**

**Instagram: wfb\_athletics\_and\_activities**



### Homecoming Week filled with Energy, Excitement, and Duke Pride

What an amazing week at Whitefish Bay High School with traditions and activities as the students showed their Duke Pride during our Homecoming week. Some of those traditions included a very competitive Spirit Bowl, which the seniors won on a last second touchdown catch by senior Cate Sullivan. The excitement of window painting was there with many creative slogans supporting the Blue Dukes! The spirit days and all of the home games/matches/meets were well attended by our amazing student section! Then on Friday, September 16<sup>th</sup> the greatest tradition of all, Best of Bay was a resounding success. Thank you to our Blue Crew club, Ms. Millard and Ms. Cattery for helping organize such an amazing week! Go Blue Dukes





## Varsity Football Team Starts of 1-1 in the North Shore Conference

### Orioles Beat the Dukes

The Whitefish Bay Blue Dukes were overwhelmed by the Hartford Orioles Friday night at Lubar Stadium, suffering a crushing 49-7 defeat. The loss leaves Bay at 1-2 on the season and 0-1 in conference play. It was all Hartford from the opening kickoff, scoring on their first possession in route to a 14-0 lead at the end of the first quarter. They would tack on three more scores in the second quarter and hand the Blue Dukes a running clock before halftime and a 35-0 lead at the break.

The Dukes would score their lone touchdown of the night to open the third quarter. On 4th and 8 from the Hartford 18, junior Ben Volpe found senior Sean Callahan in the endzone on a vertical route to make it 35-7 with 3:59 remaining in the third quarter. Callahan led the Dukes D with 6 total tackles, while junior Eric Peck and sophomore Harry Bortolotti each tallied 5.

### Dukes Hold Off Spartans

The Whitefish Bay Blue Dukes held on to defeat the West Bend West Spartans Friday night, 13-7. The win evens their record at 2-2 on the season and 1-1 in the North Shore Conference. After a scoreless first quarter in which the Dukes offense moved the ball well but committed several penalties, they got on the board first at the 10:26 mark in the second quarter on a Volpe 1-yard QB sneak. The touchdown capped a 9-play drive that was set up by a Callahan 21-yard run to the Spartans 5 on 3rd and 5 to open the second quarter. Callahan finished the game with 142 rushing yards on 27 carries.

Junior Ben Beckmann would then make a house call after an Aleks Sauer-Milli (senior) touchback on the kickoff. The Spartans dropped back to pass on the first play of the series and Beckmann would slide underneath for the easy interception that he would return for a touchdown to make it 13-0. The score would remain 13-0 heading into the final quarter. West Bend West would get on the board with a 10-yard touchdown pass on 3rd and 9 with 8:39 remaining in the game.

The Spartans would get one more chance after the Blue Dukes would turn it over on downs, but a relentless Dukes D stood tall and forced a turnover on downs to seal the game. Peck led the team with 9 total tackles, junior Carter Smith was next with 8 total tackles, and Callahan also added an interception on the night.





## Boys and Girls Cross Country Teams Having Strong Seasons

The boys' and girls' cross-country teams continued strong seasons with competitions at the Marshfield Columbus Invitational on September 3rd, the Arrowhead Invitational on September 8th, and our home meet at Kletszch Park on September 16th. After four races, the varsity boys have a record of 48-7 while the varsity girls' record is 50-3.

The girls' team, fueled by two individual victories from junior Lily Kriegel, have only competed at full strength once this year. Despite this, they are ranked 3rd in the state in Division 1 and continue to demonstrate their immense depth. Most impressively was their team victory at Arrowhead, defeating the defending state champions, Middleton, and other great competition.

The boys have faced tough competition but senior leadership from AJ Springer, Nicholas Hall, and John Bartschat has resulted in a great start to their season. They've turned in team victories twice, including on our home course at Kletszch Park.

Plenty of racing remains with the team competing in 3 more races before transitioning to the championship season.





## #1 Ranked Boys Soccer Picking up Impressive Victories

The boys' soccer team continues its winning ways by going 5-0 the past two weeks with three more conference wins. They started the week off vs Cristo Rey Jesuit High School who was ranked 7th in the area on September 6<sup>th</sup> at Lubar Stadium. The boys came out with a 4-0 win with goals from junior Quinn Muderlak, senior Henry Triggs, senior Alex Nicolet and senior Will Smith. Assists were from Muderlak, Smith and junior Jon Began.

Next up, the boys traveled to Hartford on September 8<sup>th</sup> and got an 8-1 conference win. Goals scored by Nicolet, Triggs (3), freshman Tucker Drane, sophomore Jack McCauley and junior Franco Simone (2). Assists by sophomore David Kleiner, Smith (2), junior Yanis Bengana, sophomore Chris Luce and senior Santi Martinez-Ortiz. Junior Luis Arroyo and senior Hayden Johansen combined for the shut out in goal.

On Saturday, September 10<sup>th</sup>, the boys traveled to play sectional opponent Wauwatosa West. They came out on top 5-0 with goals from Kleiner, Tucker, Triggs, sophomore Connor Smith and Martinez-Ortiz with assists from Tucker, Began, Martinez-Ortiz and Muderlak (2)

On Tuesday, September 13<sup>th</sup> they hosted a North Shore Conference opponent, Grafton and came away with a 5-1 victory. Goals by Muderlak, Kleiner and Triggs (3) with assists from Kleiner, W. Smith, Santi, C Smith and senior goalie Austin Weinke.

Finally, last night the boys traveled to conference rival Cedarburg. They played their best game of the season and crushed the Bulldogs 5-0 to set the tone in the North Shore Conference. Goals by Muderlak (3), Martinez-Ortiz and Smith. Assists came from Muderlak, Drane, Bengana, Triggs and junior Breon Jarvis. Huge shout out to Weinke for the shutout and keeping the Bulldogs off the scoreboard.





## Girls Swim & Dive Team Taking Care of Business

The Girls Swim and Dive Team has been working full force, and their efforts continue to pave the way towards a most historic season. Only three weeks into school, the Lady Dukes are nearly halfway through their season, amassing a 3-0 conference dual meet record, and multiple top 3 finishes at invitationals along the way.

In more recent meets, the Blue Dukes traveled to Nicolet for the Nicolet Sprint Invitational. Once again touting the depth of this team, in a rare fashion, every one of the 18 athletes that participated contributed to the point total, placing top 16 in at least one of their events! Event wins came for senior Casey Stephens in the 200 Freestyle, and freshman Anne Dickinson in the 50 Free style. Freshman Kate Anotonelli would add two 4th place finishes in the 50 and 100 freestyle, and junior Mahika Prasad would flex her "non-free prowess" to add a 5th place finish in both the 50 Butterfly and 50 Breaststroke. In all, the Dukes would come home with a commanding second-place finish overall, only falling to D1 powerhouse Germantown.

Adding another tally to the record books, the Dukes played host to the Homestead Highlanders in their annual dual this past Tuesday, September 13<sup>th</sup>. For the first time in over five years, the Blue Dukes got the victory! It was a dominant performance that speaks highly of the opportunities for WFB to do something special at the end of the season! Individually, senior Madeline Cleverly led the way for the Dukes, picking up dominating victories in both the 200 Freestyle and the 100 Backstroke. While all three "A" Relays would pick up the win, a major highlight goes to the 200 Medley "B" Relay of junior Francesca Counts, freshman Gabby Blake, sophomore Lauren Toll, and junior Margaret Murphy. They were narrowly able to touch just ahead of the Homestead "A" relay, providing significant momentum in the way of the Dukes. Many of our Junior Varsity swimmers were challenged to swim new events, but more importantly, found greater success than they could have hoped! Sophomore Mara Vollmers got the team fired up through her massive season-best time in the 200 Freestyle, winning the event with a new three-second PR! Freshman Kayden Knudsen would pick up the event victory in the 100 Backstroke, and freshman Gabbie Wallace continues to drop incredible times in the 100 Butterfly. In just three performances in that event, Wallace has already dropped over 20 seconds!

The Lady Dukes will next travel up to Grafton for the always-exciting Conference Relay Meet on Thursday. They will follow that with a chance to do big things at the Bulldog Invitational on Saturday in Cedarburg. Let's go, Dukes!





### #3 Ranked Varsity Girls Tennis Team Dominating Competition

The varsity girls' tennis team continues to stay hot and is ranked #3 in the Wisconsin State Girls Tennis Coaches Rankings. The girls are undefeated in conference play, with 5-0 record in the dual matches, with notable wins to a talented Cedarburg team 4-3. The two doubles team junior Grace Wu and sophomore Elena Kemp had a great match winning 6-3, 6-4 over Cedarburg on September 13<sup>th</sup> at Cahill.

The girls also worked well together as they beat Homestead 5-2 with notable wins from one singles freshman Clare Schafer (6-3, 6-4) and four singles Ella Smullen (6-4, 6-2) who gave her opponent, their first loss of the season.

This past weekend the girls played in a talent filled Sweet 16 Nicolet Invitational. The three doubles team, junior Anna Reimers and senior Liesel Vorlop won their bracket and continue to play great tennis! Along with Liesel, the seniors on the team, Riley Franklin and Katy Kops have showed great leadership as well as mental and physical toughness on the court.

Franklin and her partner, freshman Charlotte Jelenchick have won tough matches at four doubles all year long. Kops has performed well at two singles while continuously facing tough opponents.

The girls' season is wrapping up as they finish up conference play with West Bend West on Tuesday September 20<sup>th</sup>, then Port Washington and Nicolet on September 28<sup>th</sup>. They also face a tough non-conference opponent with Brookfield Central on Monday September 26<sup>th</sup>. Make sure to come out and cheer the team on. Go Dukes!





### Girls' JV Tennis continues its winning tradition in September

The girls' JV tennis team has a lot to celebrate heading into homecoming weekend! They have added victories against Grafton, Cedarburg, Homestead and Slinger, resulting in a current record of 14-0.

Against a tough Homestead opponent, the dependable trio of Luella Fearday, Emerson Mattke, and Elizabeth Deam recorded singles wins, and the doubles team of Olivia Simon and Kate Beres pulled the team through to a W in the deciding match.

The JV players are preparing for their last two regular season matches against West Bend West and Brookfield Central, hoping to maintain their undefeated status. Pictured is the team enjoying dinner together after practice. They are looking forward to training hard next week leading up to the conference championship on September 24. Go Blue Dukes!!



### Varsity Girls Volleyball Team Secures 1<sup>st</sup> NSC Win, Looks to Build on It

The girls' volleyball team celebrated their first conference win against Grafton on Tuesday September 13th, 25-22, 25-23, 25-16. This marks the programs first conference sweep in three years!

Junior Georgia Kosceliak lead the team with three aces, senior Zoe Behrendt led the team in kills with 15. The team moved to 1-2 in Conference with two conference games next week, they will be taking on Cedarburg on the road on September 20th and West Bend West at home on September 22nd.





## Varsity Boys Volleyball Team Starts out 6-1 on the Season

### Program Win vs Nicolet (September 7<sup>th</sup>)

The varsity boys' volleyball team kicked off our first conference match against Nicolet. JV2 took control early and swept their competition 3-0 with some big deficient wins! JV1 had an exciting match with two games coming down to the last point, which included epic rallies to finish the games. The team was able to pull out the win 2-1 with a game winning kill in set 3.

Varsity came in hot with aggressive serving and attacking. Our outside hitters, seniors Ben Gaenslen and Parker Nuemann, racked up four kills apiece to set the tone and got the convincing win in set one!

Set two, Nicolet showed that they were not going to roll over! They picked up the speed of their serves that caught us off guard. With the struggle on the passing front, it trickled into other aspects of the game. Nicolet led most of the set but the Blue Dukes had a mini comeback at the end that gave them the momentum leading into game 3. They dropped the second game 23-25.

In set 3, they had control off the game again. Leading by a good chunk all the way through the 20's. Then when it came time to put the game away, a few plays just didn't fall their way. Losing tight balls to the net and the Nicolet server taking some chances and nailing some great serves got Nicolet back in it. Whitefish Bay had to go to extra points but were able to finish the game with a monster block in the middle by senior David Ackles!

That last set would have taken the wind out of any team that didn't come out on top. The Blue Dukes rolled through set four playing like they did in set one.

### The Perfect Day for Our First Home Match of 2022! (September 12<sup>th</sup>)

The Blue Dukes hosted their first home match of the season against Homestead. This was their 2nd conference match and you could feel the momentum! JV2 had a clean sweep going 3-0 and looking better and better each time they step on the court. JV1 also went 3-0 leading most of the time. Big blocks from sophomore Will Mees kept the Homestead's offense in 1st gear which lead the way for the JV team to take it into 5th gear!

Varsity opened up the night with a huge win in set one winning 25-16. Every hitter got involved picking up at least one kill a piece. Serving runs also kept them moving forward with Nuemann leading the way with 10 serving attempts in just one set! Keeping Homestead out of system and giving the Blue Dukes three options most of the game.

Game two Homestead came out with some fire. Grabbing the lead from Whitefish Bay early as they worked to get back on top. It wasn't until late in the set when they were able to tie it up and take it to extra points. Homestead had the advantage point through 27 points but Bay got some clutch kills and blocks at the end to steal the game back winning a nail bitter set 30-28.

Those types of games tend to take the wind out of teams and that is exactly what happened. The Blue Dukes came out with a big lead in set three. Big shout out to senior Kai Adams for picking up passing perfect every time and picking up everything thrown at him on defense! Whitefish Bay wins game three 25-14 with a game winning black by junior Charlie Clark!

Great team win and varsity is now 6-0 for the year.

### Tough Match vs Cedarburg (September 14<sup>th</sup>)

Wednesday night the Blue Dukes faced off with defending conference champs, Cedarburg High School! A historically strong volleyball program was still strong. JV2 took a 0-3 loss. JV1 prevailed with a great 3-set match winning 2-1. Varsity fought hard but also took a 0-3 loss.

Set one of the Varsity match was a hype one! Both teams duking it out, going point for point for most of the game. Unfortunately, Bay was unable to pick up any blocks against Cedarburg's powerful offense which gave them the edge to win game one 25-21.

Set two Bay tied back and had the lead most of the game. All the way into the twenties! Cedarburg came up with some clutch plays to sneak out a win 25-23. That game felt like what Bay had done to Homestead on Monday. It took the wind out and in set 3 they didn't have the same bite the whole set. Bay still managed to put up 20 points but Cedarburg had that one in the bag.

Even though they lost all 3 Bay definitely had a mid-season reality shock! It let them know what they need to do to take their game to the next level. Bay still has a chance to be co-champs but will need to have a perfect finish for the rest of the North Shore Conference season.

Whitefish Bay will face off against Hartford on Monday, September 19th at home!



### Varsity Girls Golf Team Continues to Impress

The Whitefish Bay Varsity Golf team has gotten back into the swing of 18 hole meets recently and have had some very solid team and individual performances. On Monday September 12th, the girls took 3rd place out of 20 teams at a very competitive Invitational hosted by Sheboygan North. Leading the way was senior Lily Valimont who shot an impressive 85 on the day. Sophomore Daniella Honkamp followed that up with an 86 and senior Bryn Dresselhuys and junior Avery Buccholz shot a 92 and 97 respectively to put together an overall impressive team performance.

On Thursday, September 15th the girls had another 18-hole North Shore Conference meet at Mee-Kwon. A career best performance was put up by Buccholz who shot an 85 to lead the team. Career bests were also put up by junior Finley Counsell and senior Olivia Reichert who both shot a 94 on the day. The girls currently sit at 3rd place in the North Shore Conference standings. Next week Tuesday, we finish off the regular season with the North Shore Conference Tournament at Hidden Glen in Cedarburg with Regionals following the week after.



### Bay Gives Back Food Drive Information

The 8th Annual City-Wide Food Drive to benefit Kinship Community Food Center, formerly Riverwest Food Pantry, will be October 15th!

We will be starting bag prep during study hall periods and lunch the week of September 26th in the LMC and Mr. Pod's room. If you want to sign up for the drive itself, October 8th and October 15th, see Ms. Gibson in room 245!

Join our email list at: <https://tinyurl.com/BGBEmail2022>

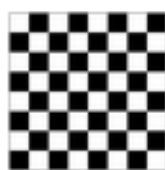


## 1<sup>st</sup> Gaming Club Night on the Horizon

Do you like games? The Gaming Club's first \Game Night is planned for Friday, September 23<sup>rd</sup> in the LMC. From there, you can help plan Gaming Club meetings and future Game Nights! [Link to Sign up form](#)



*Blue Dukes*



# Whitefish Bay High School Gaming Club

Do you like games?

Sign up for the Gaming Club to help plan Game Nights, find friends to play games with, and play games with other students—both casual and competitive!

We'll be playing Super Smash Bros., Mario Kart, Rocket League, various board and card games, and more!



### Chess Team Places 1<sup>st</sup> at Tournament

On Thursday, September 8<sup>th</sup>, the Whitefish Bay Chess team had their first battle in Lichess in the North Shore Milwaukee Chess League. They ended up placing first overall!! Phenomenal games by the team which included displays of sportsmanship and integrity. Team members are: sophomore Aidan Lal, junior Allison Sylke, freshman Grant Griggs, sophomore Luke Johnson, sophomore Simon Pollock and 7<sup>th</sup> grader Nicole DaVanti.

The Chess team is looking for more players!! It is never too late to join...the weekly team battles happen every Thursday until March. In-person meets start in October. Contact coach DaVanti at

[mary.davanti@wfbhschools.com](mailto:mary.davanti@wfbhschools.com)

### North Shore Conference Schools Hosting Virtual Parent Workshop

Parents of North Shore Conference athlete -

On September 28th at 6 PM, the North Shore Conference and its member Athletic Directors are proud to invite you to attend a Second-Goal Parent: Developing Winners in Life Through Sports information session and workshop, presented by [Positive Coaching Alliance](#). Through a long-standing partnership with Nicolet High School, PCA will present a one-hour workshop via Zoom that will leave parents with the ability to:

- **Assess their children's goals and desires in sports in comparison with their own**
- **Talk with their child about practices and games, and what they are learning through sports**
- **Enact and reinforce PCA's main principles: Mastery of Sport (Not Just Scoreboard Results), which values effort, learning and bouncing back from mistakes and adversity; Filling Emotional Tanks, with the correct mix of truthful, specific praise and constructive criticism; and Honoring the Game through appropriate sideline behavior and interaction with coaches.**

[More information can be found on PCA's Website by clicking here](#)